MINNESOTA NORTHERN LIGHT

Lutheran women's Missionary League Minnesota North District

SERVE THE LORD WITH GLADNESS! PSALM 100:2



WINTER 2009

LOOK! Look at the year! It is time to plan to attend the LWML 33rd biennial convention, June 25-28, 2009, in Portland, Oregon, where you can gather with your LWML sisters and Look to the Hills...God Reigns.

Come join this activity-filled and action-packed weekend, complete with worship, Bible study and fellowship with other sisters and brothers in Christ.

Registration opens March 2. Registration information is now available in the winter issue of the *Lutheran Woman's Quarterly* and at www.lwml.org.

Take "A Closer Look" at the Saturday luncheons listed in the registration information. These luncheons give attendees an opportunity to look into the lives and work of our convention speakers. Luncheon topics include:

- Heidi Floyd God Reigns ... when breast cancer strikes
- Dr. Mary Hilgendorf God Reigns ... with Biblical women of influence
- LCMS President Jerry & Terry Kieschnick God Reigns ... in our church body
- Ruth Koch God Reigns ... in my grief
- Missionaries Michelle Hoeppner and Danelle Putnam – God Reigns ... in the mission field
- Jan Struck God Reigns ... in my life story

Look for more information at www.lwml.org and sign up for LWML e-News to receive the latest news about convention in your e-mail inbox.



Registration - Winter Lutheran Woman's Quarterly

Housing - Winter Lutheran Woman's Quarterly

Transportation - See page 12 of this issue.

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The mission of the Lutheran Women's Missionary League is to assist each woman of The Lutheran Church-Missouri Synod in affirming her relationship with the Triune God so that she is enabled to use her gifts in ministry to the world.

The President's pen

Cheryl Petersen



Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! 2 Corinthians 5:17 NIV

What's New?

This is the question that I have been pondering for this edition of the *Minnesota Northern Light*. I often ask people this question when I haven't seen them or talked to them in a while. After visiting with so many of you during the fall at rallies and workshops, I felt this question was very appropriate, *and* timely with the beginning of a new year.

Before I get to what's new, however, let's take a look at the new from the 'old' year 2008:

- February 2008: LWML President Jan Wendorf challenged all of our LWML's 40 districts to each send two short-term mission teams into the mission field by March 2010 in support of our missionaries and partner churches.
- Ongoing throughout the year were collections for the mission in Haiti.
- ➤ In June, we 'Walked in the Light' together in Duluth as we celebrated our 23rd Biennial District Convention. We enjoyed fellowship with each other, participated in servant events, spent time in the Word, voted in new board members, were uplifted by speakers and voted in new mission grants.

➤ In August, 87 district members attended the retreat at Lutheran Island Camp where we were motivated to be 'not normal' and serve our Lord in the mission field.

➤ In October, three of our board members attended the Assembly of Leaders workshop in St. Louis.

And He who sits on the throne said, "Behold, I am making all things new"

Revelation 21:5 NASB

Now for a look ahead to 2009:

- We will continue to encourage short term missions through our mission grant 'Go! Share Jesus!'
- We look forward to attending the LWML convention in June in Portland, Oregon.
- We anticipate holding workshops to learn more about 'A Time to Lead' (Assembly of Leaders).

Most importantly, dear friends, I look forward to another year with you, serving our Lord in the mission and ministry of the LWML.

We are placed here in this time and place for a purpose – God's purpose. May we embrace and look forward to all things new

Mark the calendar

The 2010 Minnesota North LWML Convention will be held June 28-30, 2010 at the Arrowwood Conference Center near Alexandria, MN.

Plan to attend!

Our New Look... Thanks to LCEF

Did you notice the new look of this issue of the Minnesota Northern Light?

We want to thank the Minnesota North LCEF for providing a grant to enable us to purchase new publication software. May it enable to us to continue to communicate effectively about Lutheran Women in Mission in the Minnesota North District. ---Editor

"Look to the Hills - God Reigns"

I recently spent some time in Colorado Springs visiting family. I love the mountains and no matter how often I am there, I never lose the feeling of awe at the enormity of snow-capped Pike's Peak and the surrounding mountain range. This year it was especially meaningful as I recalled the theme for the 2009 LWML Convention in Portland: "Look to the Hills – God Reigns".



Following the convention theme, the LWML Prayer Service for this year is titled "Look to the Hills" and is built around Psalm 121:

I lift up my eyes to the hills – where does my help come from?

My help comes from the Lord, the Maker of heaven and earth.

He will not let your foot slip – he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep.

The Lord watches over you – the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night.

The Lord will keep you from all harm – he will watch over your life; the Lord will watch over your coming and going both now and forevermore.

This service contains scripture readings, hymns, prayer starters and printed prayers. Each section concerns some aspect of life in which we find ourselves looking to God for help.

"Look to the Hills - "

- In the daytime. Do you wake up saying, Good Morning, Lord?" or "Good Lord, it's morning?" What blessings has God given you for your work in the daytime?
- When you have fallen short in the things you have done or not done.
- When you need help in daily living.
 How can you now and in the future respond to that help?
- In our love and care for one another. How can God use you as His hands, feet, voice, or heart for the good of others?
- In serving the Lord with gladness.
 Using the gifts, talents and abilities
 God has given us, including when
 to say "no" to avoid becoming
 over-burdened in our service.
- At night. For the gift of rest and a time to bring our concerns to God in prayer.
- At last. What do we look to God for as we 'walk in the valley of the shadow of death?'
- What fears arise in your heart as you look forward to your last days?
- Look to the Hills and Sing Praise.
 What help do you need in praising God for all he has done for us?
 Most important of all, in sending His Son, Jesus, to be our Savior.

Start planning now for a special Prayer Service for your society or congregation. You might consider having it during the time the convention is in session – June 25-28, 2009. Copies of the service are available at the LWML website, <www.lwml.org>, or you may contact me directly at <christianlife@lwmlmnn.org> or by phone 218-326-5913



MISSION GRANTS

Status of Mission Grants for the 2008-2010 Biennium

PROJECTS	GOAL	PREVIOUSLY PAID OR ALLOCATED	PAID OR ALLOCATED THIS QUARTER	BALANCE
Scholarships for Seminary Stu- dents Preparing for Ordination	\$11,000	\$2,750	\$1,375	\$6,875
Scholarships for Full-Time Church Worker Students	\$55,000	\$13,750	\$6,875	\$34,375
Summer Staff Training at Lutheran Island Camp	\$10,000	\$2,750	\$1,450	\$5,800
Ministry to the Armed Forces- Ministry by Mail	\$5,000	\$1,000	\$1,000	\$3,000
Outreach to Muslim Women	\$4,000	\$1,700	\$ 500	\$1,800
Orphan Grain Train	\$8,500	\$1,300	\$1,000	\$6,200
VBS for Native American Children White Earth ResNebraska Youth	\$4,000		\$1,000	\$3,000
Food & Clothing Co-Op Fort Wayne Seminary	\$5,000	\$1,000	\$ 500	\$3,500
Medical Equipment for Haiti Clinic	\$10,000	\$3,500	\$2,000	\$4,500
Food Bank at Concordia Semi- nary, St. Louis	\$5,000	\$1,000	\$ 500	\$3,500
Recruitment, Training & Equipping of Native American for Full-Time Church Work & Ministry	\$6,000		\$2,000	\$4,000
Window at LSF Ministry House, St. Cloud	\$5,000	\$2,500	\$ 500	\$2,000
Go! Share Jesus! Mission Grants for LWML Volunteer Missionaries	\$4,000	\$1,500	\$ 500	\$2,000
TOTALS	\$132,500	\$32,750	\$19,200	\$80,550

GOSPEL OUTREACH

Dorothy Abrahamson

Come and Hear, Go and Tell

"Peace of the Lord." This is how I start my Sunday worship, as we greet one another with a hug or a hand shake. I feel so safe in MY church! Then the Holy Spirit seems to tap me on the shoulder, reminding me that it's not about ME. I am to come and hear, then to go and tell, right? We are all challenged by our faith to make a difference in the lives of others for the sake of Jesus Christ, who told us to "go into all nations-----"(Matt 28:19-20).

I visualize LWML as being Lutheran Women's Mitey League. After all, aren't we all missionaries? With our Mites we are holding up the prophets arms by supporting the training of seminary students and fulltime church worker. We are uplifting spirits and saving souls with the Word by providing Christian devotional materials for the military, by paying transportation costs for supplies sent by Orphan Grain Train, and by supporting Nebraska youth as they minister among the people on the White Earth Reservation.

Pray that these projects, along with the others we support, will make a difference in the lives of those who hear of God's amazing love.

Pray that each one of us can make a difference as we "Walk in the Light."



Mission in Focus: Ministry to Armed Forces – Ministry-by-Mail

Our Lutheran Church-Missouri Synod chaplains have a long history, dating back to the Civil War in 1862. Today we have 97 active duty chaplains serving around the world; 51 in the Reserves; 31 in the National Guile; 24 in the Veterans' Administration; 24 in Civil Air Patrol; and three in the Federal Board of Prisons.



Ministry-by-Mail supplies devotional materials to our military personnel for one year at a cost of \$4. This gives them a connection to other Christians as well as supplying them hope and comfort for those times when military chaplains are unable to come to them, separated by distance or danger.

The grant from the Minnesota North LWML will provide 1,600 men and women in the armed forces Christian devotional material for one year.

Mite update from the national LWML

As of November 30, 2008, the LWML had received \$1,263,815 toward our total mission goal of \$1,700,000. Praise the Lord! However, with just four months left in our biennium, more than \$400,000 is still needed to complete this journey. LWML Treasurer Helen Miller remarked, "We pray that we will meet our goal and encourage all to send in their Mites." Visit www. lwml.org and click on Missions for the latest LWML grant payments.



HUMAN CARE

Joanne Beiswenger



Winter Walk

Happy New Year to everyone as we begin our WALK into 2009, entering a New Year of God's grace. What a beautiful season of the year — the birth of the Christ Child, God's very special gift to us. And because He sent His Son, we spread His love and share what we have

As I read through the Human Care reports from all the different zones, I am overwhelmed with the magnitude of the projects that have been accomplished, the outpouring of "Our Shining Lights" in the Minnesota North District. It's awesome, ladies, absolutely awesome! I knew many projects were discussed, but to actually see the results is heartwarming. The many, varied projects touch so many lives.

Human Care is reaching out to others, and from reading your Human Care reports we have certainly achieved that goal. A very touching thing I was able to participate in was visiting some of our shut-ins with youth and adults from our congregation and singing Christmas carols. The joy the simple, familiar songs brought to their faces was priceless. We were rewarded with cookies, tears and applause. Ephesians 5:19 tells us to "Sing and make music in your heart to the Lord." Jesus is the song of our hearts and singing is a wonderful way to witness and SHARE the joy of the season.

Items have reached Iraq, India, Afghanistan, Haiti and Brazil; missionaries and seminary students and families receive support (generally monthly). If you are interested in sponsoring a child from Holy Trinity Orphanage in Moreira, Brazil, please contact me for more information. Other things that touched my heart (and there were many):

- Visually impaired people given the Bible on CD
- "Muffins for Mites" served at a church one Sunday where they collected over \$400.
- There shouldn't be many cold people with the amount of quilts and blankets created and distributed in Minnesota North!
- Pointsettias to shut-ins at Christmas
- A refrigerator purchased for a home where the family had no money left for one after purchasing a low-income home

SO ... put your thinking caps on during these long winter months and see what inspirations you can create for Human Care Projects.

SHINE ON MINNESOTA NORTH LWML! Continue to use the time, talents and treasures God has so richly blessed us with and give Him the glory.

Dear Lord,

Guide us with your wisdom and love to use the skills of Time, Talents and Treasures you have bestowed on us to share with our fellow Christians. Each day in our lives is a gracious gift from you. Help us to use each one to your Glory. Continue to open our hearts that we may share our journey through life with everyone. Thank You for Your presence in our lives, for Your forgiveness, so that we may continue to witness our faith to others on a daily basis. AMEN

LEADER DEVELOPMENT

Mildred Helmrichs

Put Some ZIP in Your ZONE

"Well, that was a waste of time!"

"What a dull day!"

"I don't think I will go to another rally!

"I really didn't get any inspiration for LWML from that program!"

Have you ever heard comments like these after a zone gathering? Do your zone events tend to be dull and boring? Do the women of your zone seem to lack inspiration after attending a rally or workshop?

There is a packet of materials designed to put ZIP into your zone activities. "ICEBREAKERS and COMMUNITY BUILDERS" will help participants feel at ease and become better acquainted with one another as they share a common purpose.

- "SKETCHES of DELIGHT" present a lighthearted view of women serving in the LWML
- "BITS of ZIP" are helpful hints to consider when plans for the next zone event are formulated.

- Using "OUT of the BOX HAPPENINGS" will give opportunity to try "something new" and enjoy lots of fun and fellowship.
- An "AGENDA of BREVITY"
 and sample agendas give practical
 information for keeping meetings on
 schedule and following a procedure that
 will "get things done." Sample forms
 and directions are included for you to
 copy and/or adapt toyour zone.

These materials will help put that ZIP into your zone activities so that after the next event you will hear comments like these:

"What a great rally!"

"That was such a fun and inspiring day."

"I can't wait for the next gathering!"

"Wait 'till those who didn't come hear about the great day they missed!"

The packet is available from the LWML catalog CODE 75201 for \$5.00.



Coming soon...

In October three of our members attended the Assembly of Leaders (AOL) in St. Louis.

Look for the Leader Workshops that they will lead for us in Minnesota North.



MEMORIALS

- Betty Kezar in memory of Marie Drevlow
- Jane Asche in memory of Mildred Hartstad
- Lucille Lidbeck in memory of Helen Krabbenhoft
- Sauk Rapids Trinity LWML in memory of Edna Biehler
- Marian Maatz in memory of Mildred Hartstad and Melvin Maatz
- Walter Twp. (Bellingham) Trinity LWML in memory of Melvin Maatz

Memorials are to be sent to the Financial Secretary, Donna Schleif.

If you wish, you may designate the memorial for Mites or Minnesota North Mission Grants.

SCHOLARSHIPS

Anne Hansen



It's Time to Apply

Our high school seniors are waiting for college acceptance letters while families continue to struggle with cash flow. We LWMLers are praying that God's nudges are sprouting within these young people. We are praying that there will be new students registering for full-time church worker careers at our Concordias. Remind them that LWML has a scholarship that is renewable each year.

The people from your congregations who are already receiving our scholarship need to be encouraged and reminded to apply for the 2009-2010 school year.

The same application form is used by our men at seminary as well as undergraduate church worker students. Download the complete form from www.lwmlmnn.org/scholarships. All applicants fill out the two-page form and write a required essay which allows them to express their career guidance concerns. All applicants need two personal references (often provided by congregation supporters and teachers). Their parish pastor does the last reference.

Applications can be sent any time now. Use the GPA from first semester..don't put this off till Spring/Easter break or finals week. The scholarship application deadline is May 15. The LWML application is a totally separate scholarship from the one that is offered by Minnesota North District-Brainerd. All questions about the LWML scholarships should be referred to Anne Hansen, LWML scholarship chairperson at Morris, MN. scholarships@lwmlmnn.org or 320-589-3662.

EDITOR

Carol Benson





Are you interested in editing this newsletter and the LWML page in the *Lutheran Witness*? If so, here is your opportunity.

With retirement plans becoming reality soon, the editor's position is available. A simplified job description for the editor is to gather information for this newsletter and develop it into a .pdf file to be sent to the printer and then mailing the newsletter to about 500 recipients and e-mailing the newsletter to several hundred more. Also, information for the *Lutheran Witness* page is gathered monthly and sent as a .pdf file to St. Louis for further editing and publication. Software (Adobe CS3) is provided for these tasks.

Answers to your questions and a more detailed job description are available from Carol Benson or Cheryl Petersen.

To mail or to e-mail? – that is the question

With rising costs for printing and postage, the Board of Directors is looking at increasing the e-newsletter subscriptions and decreasing the number of printed copies. (The cost for 500 copies is about what 700 copies cost several years ago.)

With the increased number of members having computer skills and e-mail accounts, more people can be reached economically with the e-newsletter. We are currently experimenting by sending an e-newsletter to all the officers who list an e-mail address as well as to all other members who request one. It is FREE – all you have to do is ask to be added to the e-newsletter mailing list.

Complimentary copies

Complimentary copies of the printed newsletter are sent to the presidents and secretaries of the societies and the president and pastoral counselors of the zones. All other society and zone officers, as well as district committee members, should subscribe to the e-newsletter in order to receive current LWML information OR subscribe to the mailed printed newsletter.

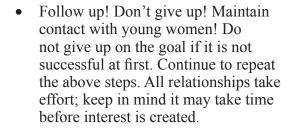
Reaching Young Women for Tomorrow

Reaching younger women is a dilemma many societies encounter. Women need women! All women were created as relational beings with a need for Christ. The LWML is an excellent way to fulfill these relational and spiritual needs! The following suggestions were designed to provide guidance and inspiration.

Steps for Reaching Young Women:

- First and foremost, pray for guidance and a heart for young women. Each situation is unique; Christ will provide the wisdom to lay a foundation and to build upon it. Sincere concern is vital in reaching young women to create an interest in what the LWML has to offer them.
- One-on-one contact is the best approach in reaching young women.
 Be a friend; ask about their families, careers, and interests. This information is helpful in understanding their needs and designing your society to be friendly to young women.
- Develop activities and events that are young women friendly. A couple of suggestions are listed below. Keep in mind that babysitting arrangements may be needed, the day and time should be appropriate and a personal invitation is best!
- If a sales person believes in a product she is selling, she is better equipped to sell that product and will be more

successful. This same principle can be applied in reaching young women. Share your PASSION for Christ and what He has done in your life! Share life experiences, your love for God's Word and how you have grown in your relationship with Christ!



Tea Party

Zone or Society- Host a tea party to introduce the LWML. As the women arrive, have a variety of teacups and teas displayed; allow the women to select their own cup and flavored tea. Have a mentor/server at each table with teapots that match the cups; this will indicate where the women will sit. The mentor's responsibility is to serve and inform her guests about the LWML. Place LWML brochures and candies at each table. Have a presentation on the art of "high" tea.

Scrapbook Party

Society- Host a scrapbooking party! Create a church, VBS, or Sunday school scrapbook.

Zone- Change the subject to a historical account of the LWML introducing the workings and levels of the LWML.

-- from the MMV Toolkit, 2005-2007



Young Women Representatives Selected for the Portland Convention

Two young women have been selected to attend the convention in June as part of the delegation from Minnesota. We are happy that Kristine Hall of Bethlehem Lutheran Church in Frazee and Nicolle Kuhn of Messiah Lutheran Church in Sartell will be joining us. We'll introduce them to you in the next newsletter.



Doing Things in Good Order

The national LWML has the constitution, because we are part of them we have bylaws and standing rules.

I want to thank the four zones and twenty societies that passed on their bylaws since June.

All bylaws should have the name of your society, name of your congregation with address, (mailing and physical). If you have a fax number, E-mail address, or a Web Site, please include them too. Also, include the name of your zone and the name of your region. The reason we ask you to give us more information about

your societies is that there often are several congregations within your zone that may have the same name, but they have different addresses

Your local Structure Committee should review your bylaws after every national and district convention to see if they are in compliance.

National LWML is recommending that all societies of the zone pass onto the zone structure person a copy of their bylaws. It might not be a bad idea for the zones to share their bylaws with their fellow zones in their region. Some of you have great ideas and why not share them.

PUBLIC RELATIONS

Promoting Your LWML

Here are a few ideas you may want to use to promote LWML events at your church, your zone, your region, and your Minnesota North LWML.

Plan ahead for your successful LWML event. Select a public relations person or committee whose main duty is to specifically get the word out to the persons that you desire to attend the event. Create eye-catching materials for your event or use the promotional materials provided by LWML, announcing the date, time and location of the event.

Place the flyers or promotional materials for your event in visible locations, such as the church bulletin boards, classrooms, information table at your church, or the windshields of the vehicles in your church parking lot. Ask shops or businesses throughout your community to display a flyer for you on their bulletin boards, such as grocery stores, convenience markets, the barbershop or hairdresser, coffee shops and restaurants. Place your public relations

Janet Hasbargen

information on the community news e-mail, TV local news boards, etc.

List the LWML event in your local newspaper's calendar of events page or church section, as well as in your own church newsletters or worship folders. Speak with your pastor or other church leaders, as announcements from the pulpit are effective, even if it is just a simple mention and a reminder of the information that can be found in your church newsletter or bulletin.

Create a poster or a display for your bulletin board that will remind your members or guests of the upcoming event. If your events are scheduled around special holidays or seasons, get creative with special colors, textures and include photos from other past events.

Think creatively! With a little bit of planning or organization, your LWML events can be well-attended and successful.

Are You Faltering?

Do you feel like your society or zone is faltering? Perhaps you will gain some insight from the following suggestions into the possibilities for renewed service in the LWML.

Suggestions and Ideas for Renewing Faltering Societies

- 1. Lift up those societies daily in prayer and include them in prayers at board meetings.
- 2. Send notes of encouragement often, expressing a desire for fellowship and participation.
- 3. Consider that each president or other delegated officer spend time with one or more of these societies' members, desiring to discover their interests, creative ideas for ministry, etc. Don't dictate to them what YOU think they should do, but guide them in their own directions. Ask a Mission-Ministry-Vision (MMV) Consultant to join you. Pray with them, trusting God to open doors for ministry. Keep the relationship personal and caring, letting them know they are deeply loved.
- 4. Teach them what mission, ministry and vision are all about. Reveal how a relationship with Jesus Christ fits into all this. Without Him, there is no mission, no blessed ministry and no vision. We need Him, His Word, and the power of the Spirit. Christ needs to be at the center. When we make plans, ask Him to first guide us in those plans. Seek His face in His Word for wisdom and guidance and trust Him to open doors never imagined.
- 5. Ask a designated society to be attached as their sisters-in-Christ. Find common interests and plan activities they can do occasionally together. Hopefully, Lutheran Women in Mission (LWML) will gradually become a possibility for them.

- 6. Ask the designated society to begin a Bible study, including their new sister society. Use it as a springboard to gradually incorporate a few LWML activities, such as collecting mites or taking on a mission grant. Many women today do not have time for structured meetings with officers and bylaws, but are willing to participate on a more personal level. Involve women in Bible study so the Holy Spirit may draw them into the presence of Christ through God's Word. This is an incredible step in the right direction.
- 7. Host a zone workshop with a Bible study on mission, ministry, and vision. Include prayers before, during and after the workshop for and with those inactive societies. Pray for wisdom and guidance on how to renew and review those societies that are faltering. Do everything possible to get at least one representative from the "weak" societies and many from the "strong" to attend. Leave time for discussion and brainstorming. Then ask, "Where do we go from here?" Invite God to bless it and believe mighty things can and will happen. Again, an MMV Consultant can help in this process.
- 8. Offer Bible studies, devotions, etc. at rallies and other events which societies can take with them. If a society is not represented, mail or hand-deliver the materials to someone in charge at that society. Reassure them that they were missed.
- 9. Finally, I repeat: Pray! Pray! Pray! at board meetings, in the sister societies and in your own personal prayers.
- ---from November 2004 LWML A Mission-A Ministry-A Vision MMV Bible Study/Workshop Section IV, page 5.



Fran Wittnebel
320-568-2381
mmv@lwmlmnn.org

CONVENTION TRANSPORTATION

Trains, Planes, and Automobiles

God Reigns Each woman will choose her transportation to the convention in Portland in June! Please note that prices are the ones that were available in mid-January. All prices are subject to change.

Trains

We have gathered some Amtrak information. Members will be making their own reservations. (1-800-872-7245)

There are some discounts that are given:

- 1. There is a 10% convention discount given for travel to Portland between June 22, 2009 and July 1, 2009. You must mention the Amtrak number (X97T-944) in order to receive this discount.
- 2. There is a 15% discount given for those who are age 62 or older. There is no date restriction on this discount.
- 3. You may receive either the convention discount or the senior discount not both! There is no 25% discount!
- 4. In order to receive the convention discount, it will be necessary to speak to an agent when you call the 800 number.

A limited number of sleeper cars (roomettes) are available for \$800 for two people. This plan also includes all meals. However, there are a limited number of rooms that are available.

The train stops in many locations in Minnesota North from St. Cloud to Grand Forks. Please note that the stops in Minnesota are in the "wee, small hours of the morning."

Westbound		Eastbound
(Going)		(return)
12:40 a.m.	St. Cloud, 555 E Saint Germain Street	5:15 a.m.
1:42 a.m.	Staples, First Avenue NE and Fourth Street NE	4:09 a.m.
2:38 a.m.	Detroit Lakes, 116 Pioneer Street	3:10 a.m.
3:35 a.m.	Fargo, 420 – 4th Street North	2:13 a.m.
4:52 a.m.	Grand Forks, 555 Demers Ave	12:57 a.m.

The round-trip ticket price is \$392 with the 10% convention discount it become \$352.80. It is \$333.20 with the 15% senior round-trip ticket.

The current information about the schedule and the prices and the exact location can be obtained from the 800 number listed above. We do not need a minimum number of people at each stop. Each person should make her own reservation.

Food is available for purchase on the train. Some people may want to bring their own snacks and "picnic lunch" with them. There is room in the coach for this carry-on luggage.

The train arrives in Portland at 10:10 a.m. each morning. It is about 30 hours (depending on your station.) The return train leaves Portland at 4:45 p.m. each afternoon for the trip east.

Diane Althoff gathered this information about travel by Amtrak. If you have further questions, you may contact her at <adalthoff@ncis.com> or 320-679-3350.

Planes

Air travel is possible from several locations in Minnesota North as well as from the Twin Cities. Prices often change, so those who prefer to fly should check out the current prices. In January the cost to fly from Fargo was \$466.

Automobiles

It is about 1500 miles to travel from Fargo to Portland. The scenery through the Rocky Mountains is fantastic and perhaps a road trip would be best for you.

NEWS AND NOTES

Questions about the Quarterly???

If you have a problem with the Lutheran Women's Quarterly issues arriving at your society's designated destination, please contact the MN North District Corresponding Secretary, JoNette Brogaard, via e-mail at correspondingsec@lwmlmnn.org or call 320-846-0984.

Do you have a passenger vehicle to donate?

There are several refugee families that need a vehicle for their family's transportation. If you have one to donate, please contact President Cheryl Petersen for more information.

Mite Calendars

Mite calendars for March and April are available on the web site:
<www.lwmlmnn.org>

New committee members

Since the publication of the fall newsletter, two members have been added to district committees. Alice Abrahamson will serve on the Gospel Outreach Committee and Claudette Knierim has been added as a member to the Structure Committee.

Do you search on the internet?

If you use a computer and the internet, often you may search for information. If you use <www.goodsearch.com>, you can help to raise money for the LWML.

In the blank for "Who do you goodsearch for?" type "Lutheran Women's Missionary League." Then with each search you make using Goodseach, money will be donated to the national LWML. To date almost \$10,000 has been received by the national LWML in St. Louis.

Questions about the conven-tion???

President Cheryl
Petersen had the
opportunity to visit
Portland and the
convention site in
late January. If
there are questions that are not
answered in the
Quarterly or this
newsletter, perhaps
she can help you.

Prayer & Praise Mite Calendar

Sun

Mon

Tue

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February 2009



28 Pray for LWML volunteer missionar- ies to Go! Share Je- sus! MNN Project	27 Pray for training Native Americans for full-time church work MNN Project	26 Pray for the ministry of the Lutheran Student Fellowship at St. Cloud State U. MNN Project	25 Ash Wednesday Invite someone to worship with you.	24 Pray for the Food Bank at Concordia Seminary, St. Louis MNN Project	23 Pray with your LWML sisters at noon	22 Pray for Bible study leaders at your church
21 Pray for the medical mission at the clinic in Haiti MNN Project	20 Pray for the Food & Clothing Coop at the Fort Wayne Seminary MNN Project	19 Praise God for your hope in Jesus. 15 cents	18 Pray for the Native American children on the White Earth Res. MNN Project	17 Pray for the ministry of the Orphan Grain Train MNN Project	16 Pray with your LWML sisters at noon	15 5 cents for each stanza of the hymns you sang in church today
14 God so loved the world that He gave us His Son. Priceless gift of love!	13 Pray for our national leaders 20 cents	12 Pray for outreach to Muslim women MNN Project	11 Be thankful for a close sister in Christ 30 cents	10 Pray for those in the Armed Forces MNN Project	9 Pray with your LWML sisters at noon	8 Give your offering at church today
7 Pray for the staff at Lutheran Island Camp MNN Project	6 Pray for a family from your church 25 cents	5 Pray for students preparing for fulltime church work MNN Project	4 Pray for missionaries serving in Africa. Remember Delano & Linda Meyer, agricultural missionaries in Sierra Leone.	3 Pray for seminary students MNN Project	2 Pray with your LWML sisters at noon	I Pray for the Sunday School teachers at your church

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