



"Serve the Lord with Gladness..." Psalm 100:2

Prayer may be simple or complex — silent or corporate — memorized or free-flowing from our heart. It is a conversation with God and shows our love for our heavenly Father.



The 2022 Prayer Service, based on Luke 11:1, "Lord, Teach us to Pray," looks at various forms of prayer used frequently by believers as we seek to honor Christ, the Lord

of the Church, with our prayers. LWML thanks Rev. Grimm for authoring the 2022 LWML Prayer Service. The Prayer Service is available to download at www.lwml.org/prayer-service.

Thank you to everyone who completed and returned the forms that were sent out in the Fall Packet. We are compiling the information for the various LWML reports that have to be filed. All this information is necessary to plan for the coming year and for the LWML to develop programs that help us all.

We continue to make plans for the LWML Minnesota North District Convention June 20-22, 2022, at the Courtyard by Marriott in Moorhead, MN. You can make your plans to

attend also! We look forward to a wonderful time connecting with our LWML friends. Watch for more convention information and the registration form in the Spring newsletter.

Don't forget, the deadline to submit Mission Grant proposals is February 15, 2022.

We will be collecting Mites through March 31 to fund our 2020-2022 Mission Grants. When submitting your mites, be sure to get them to the Financial Secretary, Peggy Pasche, before March 31 to be included in the biennium totals. We will begin the new biennium on April 1.

Please continue praying for LWML Minnesota North District members and the Board of Directors as we all come together to "Serve the LORD with gladness!" (Psalm 100:2).

Blessings,
Kathy Brandt, District President
LWML Minnesota North District

The *Minnesota Northern Light* newsletter is published quarterly. Article submission deadline is December 15, March 15, June 15 and September 15. Sign up to receive the newsletter online. Go to lwmlmnn.org and look for the Subscribe button.



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2022 CONVENTION

June 20-22, 2022

The 2022 LWML Minnesota North District Convention will be held June 20-22, 2022, at the Courtyard by Marriott in Moorhead, MN.

The keynote speaker will be Debbie Griffith from International Falls, Minnesota. Debbie has a one minute radio talk show –"Everyday Matters"– heard on over 100 radio stations. She is a story teller, humorist, and most importantly, a speaker who wishes to share the joy of following Jesus Christ.

More details will follow in the months to come.

2022 UPCOMING EVENTS

Feb 15	Mission Grant Proposals deadline
Mar 31	Final day to submit mites for 2020 - 2022 biennium
Apr 19	Board of Directors Meeting
Jun 20-22	Convention at Courtyard by Marriott in Moorhead

Convention Bible Verse

Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go
(Joshua 1:9b).

CHRISTIAN LIFE

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Rev. Bruce Timm, Pastoral Counselor • Jolene Henning • Karena Lapolice • Doris Schroeder • Ruth Thompson

Just Pray – Jesus Cares

Is anyone among you suffering? Let him pray.

Is anyone cheerful? Let him sing praise.

James 5:13

Do you ever get distracted when you pray? Do your thoughts wander thinking about all the things you need to do that day? If you can relate, don't dismay – the first followers of Jesus, the Apostles, also needed some prayer guidance:

Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." And he said to them, "When you pray, say: "Father, hallowed be your name. Your kingdom come. Give us each day our daily bread and forgive us our sins, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation." Luke 11:1-4

Prayer is two-way conversation with God. We talk to Him and also listen to Him. As a child of God, it seems natural to ask our Father for the things we need and to seek advice or guidance. God knows that at times we don't even know what to pray for, but when we make our requests to Him, we trust Him to hear our requests and answer in His time and way.

Prayer brings us in touch with God and others. Christians pray in the name of Jesus Christ and in the power of the Holy Spirit. As we pray, we offer thanksgiving, repentance, praise, and requests to God, trusting in His grace and mercy. Prayer isn't a ritual that depends on closing our eyes and putting on holy faces. We don't have to kneel or sit. We can pray while

walking, driving, or working. God responds to a two-word cry for help in the middle of a busy afternoon, just like He does to a focused prayer after reading Scripture in the morning. Praying doesn't have to be complicated. God delights in any simple words we offer Him.

Posture, tone, and place are personal matters. Select what works for you, but don't think about it too much. It's better to pray awkwardly than not at all. And, if you feel you should only pray when inspired, that's okay. Just see to it that you are inspired every day.

So, in a nutshell - pray.

- Don't prepare to pray. Just pray.
- Don't read about prayer. Just pray.
- Don't attend a lecture on prayer. Just pray.
- Don't engage in discussion about prayer. Just pray.



As we look forward to 2022 and the opportunities it presents, remember that there are resources available through LWML on prayer and numerous other topics for you and your group to use at meetings, rallies, and other events. Most of these resources are available as a free download at lwml.org. If you need help finding anything, feel free to contact me at christianlife@lwmlmnn.org or 320.743.2131.



Mustard Seed Devotions can be sent directly to your email daily. Visit www.lwml.org/mustard-seed-devotions to sign up.

You Can Help!

Elections will be held for LWML MNN Board positions at the 2022 Convention in Moorhead, Minnesota. The following positions are up for election:

- *Executive Vice President (Christian Life Chairman)
- *Pastoral Counselor - Arrowhead Region
- *Regional Vice President
 - Arrowhead II
 - Lakeland II
 - Park II
- *Recording Secretary
- *Financial Secretary

The following positions are also vacant and need to be filled:

- *Regional Vice President - Arrowhead I
- *Editor

For further information and to volunteer, contact Beth Dinger, Nominating Committee Chairman, at 612-963-5586, or members of the committee: Marilyn Hittel, Doris Weispfennig, Elizabeth McTighe, Lori Salvhus, and Beth Heller. A description of officer duties are available in the LWML MNN Bylaws that can be found on the Resource Page of www.lwmlmnn.org.

YOUNG WOMEN

Ruby Prochnow, Chairman • youngwomen@lwmlmnn.org • 320-808-3371
Committee Members
 Rev. Matthew Vrudny, Pastoral Counselor • Barbara Angland • Marcia Lips

Young women of the Minnesota North District:

Prayerfully consider an opportunity to spend time with your sisters in Christ—by attending the LWML MN North District Convention in June 2022 (June 20-22) at the Courtyard by Marriott, Moorhead, MN. Theme: “Drawn to the Cross” (Joshua 1:9b).

This is a wonderful opportunity to be part of a group of Christian women in Bible study, fellowship, prayer, singing, learning, and sharing in God’s Great Commission! Mark your 2022 calendars! (Look for convention registration forms at www.lwmlmnn.org.)



2022 Prayer Service

Prayer may be simple or complex — silent or corporate — memorized or free-flowing from our heart. It is a conversation with God and shows our love for our heavenly Father.

The 2022 Prayer Service, based on Luke 11:1, “Lord, Teach us to Pray,” looks at various forms of prayer used frequently by believers as we seek to honor Christ, the Lord of the Church, with our prayers. More information is available at www.lwml.org/prayer-service.

MISSION GRANTS REPORT

A total amount of \$25,000 in mites for LWML MN North grants was raised this past quarter. The Mission Grant Committee recommended, and the BOD approved, the payment of grant allocations as follows: \$2,500 for Orphan Grain Train, \$5,000 for Lutheran Island Camp and Christ Serve Ranch, \$5,000 for At Just the Right Time - Mission Central, \$2,500 for Main Street Living North, \$5,500 for Doxology Pastoral Care and Well-being, and \$4,500 for Project 24, Christ’s Care for Children - Kenya. The chart below details the current balance remaining for the 2020-2022 biennium.

	MISSION GRANTS FOR THE 2020-2022 BIENNIUM (Balance as of January 11, 2022)	GRANT AMOUNT	BALANCE REMAINING
Grant 1	Orphan Grain Train	\$9,000	\$2,000
Grant 2	Lutheran Island Camp and Christ Serve Ranch	\$10,000	PAID IN FULL
Grant 3	Scholarships for Men Preparing for Ordination	\$8,000	PAID IN FULL
Grant 4	C.R.O.S.S. Appeal	\$18,000	PAID IN FULL
Grant 5	Scholarships for Full-Time Church Work Students	\$32,000	\$1,800
Grant 6	Financial Assist for Food & Clothing Co-op, CTS Fort Wayne	\$10,000	PAID IN FULL
Grant 7	At Just the Right Time - Mission Central	\$10,000	PAID IN FULL
Grant 8	“Main Street Living North” Ministry Outreach TV Program	\$5,000	PAID IN FULL
Grant 9	Doxology Pastoral Care and Well-being	\$15,000	\$2,000
Grant 10	Project 24, Christ’s Care for Children - Kenya	\$10,800	PAID IN FULL
Grant 11	LSF Haiti - Jacmel Lutheran Home & Center of Refuge Orphanage	\$10,000	\$4,500
Grant 12	Connecting People in an inclusive Christian Housing Community (partially funded)	\$2,700	PAID IN FULL
TOTALS		\$140,500	\$10,300

MISSION GRANTS

Glenice Hall, Chairman • missiongrants@lwmlmnn.org • 218-847-7064

Committee Members

Rev. Bruce Timm, Pastoral Counselor • Sandra Bakeberg • Joan Johnson • Carol Ann Sander • Carol Westendorf

MISSION GRANT PROPOSALS WANTED!

Did you know that the first grant was given in 1943 for \$15,000 to Christ Church for the Deaf in Cleveland and the first grant the LWML Minnesota North District gave was in 1944 for \$5,000? Since then, millions of dollars have been received to fund Lutheran Women’s Missionary League (LWML) Mission Grants. Hundreds of these mission grants became realities because one LWML member or one LWML group learned of a mission need and made the effort to do something special — to submit a mission grant proposal to fund the project.

The deadline for submitting grant proposals

for the Minnesota North District is February 15, 2022, for the 2022 – 2024 biennium. An individual or a LWML group can be a blessing to others by continuing to be aware of the needs in her community and submitting a mission grant proposal for them. You can find the application at [LWML Minnesota North District \(lwmlmnn.org\)](http://LWML Minnesota North District (lwmlmnn.org)), click on the **2022 Mission Grant Application Form** (Microsoft Word) to complete on your computer.

Continue to remember our LWML grants—both on the national and district levels—in your prayers and continue to support them through your Mite Box offerings.

Mighty Mites

The Mighty Mites, is the true story of 12 orphans written by Jim Dent. It is a tribute to a courageous group of orphaned boys (in 1927) who started kicking a soup can to entertain themselves. They grew to a winning football team in the 1930s, when America desperately needed hope. The Mighty Mites were an inspiration to football fans and others.

LWML has Mighty Mites too, and our Mighty Mites help and give hope to many through our mission grant recipients. The Jacmel Lutheran Home and Center for Refuge Orphanage is one of the 2020 – 2022 Missions Grant recipients from the Minnesota North District. In addition to the orphanage, they have an eldercare home facility (believed to be the only one in Haiti). It opened in January 2019, with 10 residents that were malnourished and had to be carried to vehicles to transport them to the new home with promise of food and care. Even during the 2020 pandemic they were cared for with prepared meals and medications as needed. Their care was successful as there were no cases of Covid.

Conditions in Jacmel, Haiti, are different from those in Minnesota and the United States, yet we also have people that are living with pain, hunger, and loneliness. They exist around us, in our neighborhoods, and yes, even in our churches. So, ask yourself, “How can I help?”.

The Minnesota North District will be voting on the proposed mission grants for the next biennium at the June 2022 convention. Do you have a cause that needs some Mighty Mites? If so, submit your Mission Grant Application by February 15, 2022. The applications are available on our LWML Minnesota North District website - www.lwmlmnn.org/resources.html.

Then the King will say to those on his right, ‘Come, you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.’ (Matthew 25:34-36)

HUMAN CARE

Jean Tester, Chairman • humancare@lwmlmnn.org • 218-207-9654

Committee Members

Rev. Matthew Vrudny, Pastoral Counselor • Sheri Adkins • Patty Wiedewitsch

Last month, as the Human Care reports from groups and zones were appearing in my mailbox, I reflected on how LWML women were doing and feeling about their serving. Myrna Lou Meyer’s Mustard Seed Devotion helped me focus on what is important. As it says in Matthew 25:40b, “...whatever you did for one of the least of these brothers of mine, you did for me”.

The devotion lists many ways of serving. Here are a few. When you pour cold water for your toddler or an aged parent, you are serving the least of these. When you donate money to a pregnancy center or sew warm quilts, you are

serving the least of these. When you send a card or pray for prisoners, members of the military, or the sick or dying, you are serving the least of these. Do you see that all of those serving ideas could be done from our homes? They may not be the same as you did last year or five years or more ago but they are still God-pleasing.

What is God’s plan for you in any of these situations? God has placed you in the time, place and age that you are to serve in that exact spot. Your hands might hurt too much now, so tying quilts is not the best activity for you. What else has God put in your path for you to do?

HUMAN CARE (CONT'D)

Part of the role of LWML in congregations is guiding and leading all people in their 'service to the Lord'. With support and encouragement, more people in our congregations will think of and accomplish acts and events of service. God loves all service and wants us to celebrate and participate in all opportunities as we are able,

whether it is initiated by LWML or not.

As we continue to grow our faith through the study of God's Word, we can be content in the vocation that God has set before us. With contentment comes Joy — Joy to serve our Lord with gladness!

MEMORIALS & HONORARIUMS

October 2021 to December 2021

- In memory of Laura Carstens from Frazee, Bethlehem LWML
- In memory of Stella Dormanen from Frazee, Bethlehem LWML
- In memory of Charleen Schermenhorn from Frazee, Bethlehem LWML
- In memory of Delores Lubitz from Frazee, Bethlehem LWML
- In memory of Orlynn Handon from Frazee, Bethlehem LWML
- In memory of Evelyn Gease from Alexandria, Zion Evening Guild
- In memory of Arlene Pellett from Silver Bay, Faith Guild
- In memory of Dorothy Wentzel from Fisher, Trinity LWML
- In memory of Marlene English from Colleen Nielson
- In memory of Pastor Alvin Jeske from Linda Paskewitz
- In memory of Gloria Baumann from Corky Rainer
- In memory of Phyllis Tucker from Alexandria, Good Shepherd LWML
- In memory of Dorothy Wenzel from Kathy Brandt
- In memory of Lillian Shafer from Detroit Lakes, Zion
- In memory of Laura Carstens from Jean & Thomas Tester
- In memory of Lynnette Henderson from Ottertail, St Johns LWML
- In memory of Marcy Arndt from Staples, Trinity Ladies Guild
- In memory of Gloria Baumann from Ruth Thompson
- In memory of Marion Bordrardt from Sue Tester
- In memory of Irene Ross from Fisher, Trinity Ladies Aid
- In memory of Anita Ost from Jule Ost
- In memory of Lavonne Meyer from Staples, Trinity Ladies Guild
- In memory of Gladys Busch from Alexandria, Zion LWML
- In memory of June Wangerin from Parkers Prairie, Immanuel
- In memory of Tammy Devore from Parkers Prairie, Immanuel
- In memory of Barbara Johnson from St Francis, Zion of Crown Ladies Aid
- In memory of Carol Olson from Jeanetta Heinrich

Memorial gifts and Honorariums should be sent to the Financial Secretary, Peggy Pasche, 16287 County Road 5, Hoffman MN 56339. Phone: 320-986-2452 (H), 218-731-7629 (C), financialsec@lwmlmnn.org. The Financial Remittance Form can be downloaded from the Resources page of our district website at lwmlmnn.org.

LEADER DEVELOPMENT

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Committee Members

Rev. Matthew Vrudny, Pastoral Counselor • Emily Gruenwald • Gina Strand

Gaining, Training, Maintaining Women of the LWML

The mission statement of the Lutheran Women's Missionary League does not address gaining, training, and maintaining participants in LWML. So how do they come about? We believe it is when we reach out to each woman by:

- Assisting her in affirming her relationship with the Triune God by getting into the Word.
- Praying that the Holy Spirit will work through the Word to inspire and enable her to use her gifts.
- Inviting her to observe and experience the opportunities LWML offers as ways for her to use her gifts in ministry to the people of the world.

What are Ways to "Assist Each Woman?"

1. Try to get all the women in your church involved in Bible study.
2. Personally invite the new and inactive women to a meeting or a Bible study.
3. Assume every woman in the congregation wants to be involved in Christian service.
4. Plan a gathering once or twice a year with a special theme and at a different time than usual.
5. Provide babysitting services for gatherings, Bible studies, and special events to encourage young mothers to attend.
6. Plan frequent receptions to welcome women into your congregation.
7. Be an example of service to the inactive women, just as Christ is our example.

Once the women in your congregation are interested in showing their faith through service, your group needs to help them identify their gifts and talents and put them to use. Hebrews 10:24 says, *"And let us consider how to stir up one another to love and good works."*

How Do We Offer Opportunities to "Use Her Gifts?"

- Consult your congregational talent survey to learn of interests and talents of women in the congregation.
- Personally invite them to take part.
- Pair a newcomer with a mentor. It is easier and more fun to learn by doing.

What Are the Reasons Women Join a Service Organization?*

- | | |
|----------------------------------|--|
| *To be needed | *To make a difference (in group or organization) |
| *To feel accepted | *To support causes believed in |
| *To belong to a caring community | *To share God-given talents |
| *To help others | *To learn new skills or use skills already developed |
| *To grow in faith | |

Does your LWML group provide opportunities for fulfillment in these areas so women will want to become a part of it?

Taken from www.lwml.org/posts/leadership/gaining-training-maintaining-women-of-the-lwml

***Lutheran Woman's Quarterly* (Summer 1989)



LWML MN North District
www.lwmlmnn.org
 LWML: www.lwml.org

Submit an article

Does your zone or society have an event or story to share? Please send your article and pictures to the Editor at:
editor@lwmlmnn.org.

Minnesota Northern Light

Sign up to receive an email notice each quarter announcing when the *Minnesota Northern Light* is ready to download from the district website:
www.lwmlmnn.org.

Prayer & Praise Mite Calendar

A great help in your prayer and praise life – especially remembering the mission grants we’re supporting. Download this month’s calendar from the Publication Menu.

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